



# Longbeach Chiropractic & Wellness Centre

9 Carlton Close, Noordhoek, Longbeach Business Village

## PATIENT'S INFORMATION FORM

021 785 4855

Full name: \_\_\_\_\_ Referred by: \_\_\_\_\_

Today's date: \_\_\_\_\_ Occupation: \_\_\_\_\_ Birth date: \_\_\_\_\_

Home Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Postal Address: (if different than above): \_\_\_\_\_

Tel: (H) \_\_\_\_\_ (W) \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Married  Domestic Partner  Single  Divorced  Widowed  Children

Medical Aid: \_\_\_\_\_ Doctor: \_\_\_\_\_

### MEDICAL DETAILS (PLEASE FILL OUT THIS FORM AS COMPLETELY AS POSSIBLE)

Presenting Complaint: \_\_\_\_\_

How & when did it occur? \_\_\_\_\_

Has this occurred before? When? \_\_\_\_\_

Is there a time of day that the pain is worse? AM: Yes  No  PM: Yes  No

On a scale of 0 to 10, how bad is your pain? \_\_\_\_\_

What impact have your symptoms had on your life? \_\_\_\_\_

What previous treatment have you had for this condition (Physio, Chiropractic, Medical etc.)? \_\_\_\_\_

What makes the pain better or worse? Better: \_\_\_\_\_ Worse: \_\_\_\_\_

Rate your stress levels (circle one) NO STRESS 0 1 2 3 4 5 6 7 8 9 10 VERY STRESSED

List any prior serious injuries: \_\_\_\_\_

List fractures/ broken bones: \_\_\_\_\_

List serious illnesses: \_\_\_\_\_

List surgeries and dates: \_\_\_\_\_

List present medication: \_\_\_\_\_

What type of exercise do you do? : \_\_\_\_\_

Have you ever had a car/motorcycle accident? (If yes, list approx dates) \_\_\_\_\_

Have you ever had X-rays/scans? (If yes, list approx dates) \_\_\_\_\_

What major disease(s) run in your family (heart attack, cancer etc.)? \_\_\_\_\_

Have you ever had your bone density checked? \_\_\_\_\_

### PLEASE READ CAREFULLY BEFORE SIGNING BELOW

- I have read all the above thoroughly. I hereby give permission to Longbeach Chiropractic for treatment.
- I acknowledge that a 24 hour notice is required before cancellation or change of any appointment that I may make in the future.
- I acknowledge that full payment is expected at time of each treatment unless an agreement has been made otherwise.

SIGNED: \_\_\_\_\_

DATE: \_\_\_\_\_